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MOUNTAIN BIKE TOURS BROCHURE 2010

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1: ABOUT US

ALPSMOUNTAINBIKE is the 'ownly' French Mountain Bike Company in the Morzine, Grand Massif and Mont Blanc area, working with both French and non-French speaking clients. We are a mountain bike tour operator and independent company offering you local knowledge and riding trails, safe in the knowledge you are with an expert with the skills to deal with everything this serious playground hands out, and that can be anything!

ALPSMOUNTAINBIKE is a registred company in France created and run by Martial HERDEWYN. Providing a bilingual French/English speaking service to our clients. Martial is a professional Mountain Leader and Qualified Mountain Bike Guide.

We are specialized in working with small groups of between 2 to 8 clients per guide, no more! Why? Firstly, for safety and security, secondly for cohesion within the group relating to technical and fitness levels and thirdly to make the tours more friendly. We always ride with walkie-talkies especially when the groups are of around 8 clients; one for the guide and one for the last in the group.

We put your safety first.



ALPSMOUNTAINBIKE, 456 route des nants, 74300 LES CARROZ - FRANCE
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2: OUR TOURS

CHAMONIX TO ZERMATT :The 'Legendary ' Haute Route adapted to Mountain bikes

The **Haute Route from Chamonix to Zermatt** is certainly one of the most famous routes in the Alps. Initially made by alpinists, this itinerary is adapted for Mountain Bikes. Starting under the shadow of the **Mont Blanc, Chamonix, France** and finishing gazing up at the **Matterhorn, Zermatt, Switzerland**. This is a dream tour for those who like to ride on technical alpine trails and discover breathtaking scenery. This tour is in the heart of the Alps, surrounded by **4000 of the Swiss Alps**. During the tour we will ride through several high alpine passes at an altitude of over 2500m, including Pas de Lona, Basset de Lona and Illsee pass. We will ride the well maintained Swiss singletracks and take the time to appreciate the breathtaking alpine summits and glaciers including **Weisshorn, Breithorn, Pigna D'Arolla** to name just a few... We will pass through charming old Swiss villages with their narrow streets of wooden chalets draped in colourful abundance with Swiss flags and geraniums and meet the local shepards in the alpine pastures taking care of their "Queens", the famous black fighting cows.



This is more than a bike tour, it is a ride into Swiss alpine culture!

LEVEL	Strong Intermediate to Advanced, 'All-round rider'. High fitness level and capable of pushing/carrying bike. Good bike handling skills. Ability to ride technical singletracks
TERRAIN	All kinds of trails. Cruising two path trails, easy singletracks, technical and challenging singletracks.
LOCATION	Starting in Chamonix, France and finishing in Zermatt, Switzerland
INCLUDED	ALPSMOUNTAINBIKE 'Tour Pack' including: ALPSMOUNTAINBIKE cycling shirt, PUNCH POWER organic energy drinks and bars and a trial of COMPEX electro stimulation and recovery equipment. 7 nights accommodation, all meals including picnic lunches from dinner on Saturday of arrival to breakfast on Saturday of departure, guiding for 6 days, lift passes in Chamonix Valley, luggage transfer to evening accommodation, return transfer to Geneva airport
NOT INCLUDED	Flights/Travel etc. Expenses of repair and maintenance of bikes, cancellation/medical insurances and repatriation costs, bike hire, lift passes outside Chamonix Valley, alcohol and generally all that is not included/understood in the heading 'Included'.
PHYSICAL AND TECHNICAL LEVEL	Physical Fitness: 4/5 Technical Skills: 2-4/5

Chamonix to Zermatt trip dates 2010	
Dates	Price
From July 10 th to 17 th	995 Euros
From July 24 th to 31 st	995 Euros
From August 14 th to 21 st	995 Euros
From August 28 th to September 4 th	995 Euros



✓ TOUR OF MONT BLANC: The 'Classic 3 Countries Tour' in France Switzerland and Italy

The **Tour of Mont Blanc** is the **Classic alpine trail**. Departing from **Chamonix, France**, we will ride in a clockwise direction, passing through the **Martigny Valley, Switzerland**, on to **Courmayeur, Italy**, back into France and return to **Chamonix** to complete the loop! The trail brings us through alpine flower covered pastures, passes glacial lakes, skims below glaciers and snowy summits, crosses deep valleys and climbs high altitude passes. Riding around Mont Blanc, is about discovering the magic world of 'high mountain' biking...

The **Tour of Mont Blanc** is dedicated to riders not afraid of long climbs or to carry their bike, downhills can be technical in places, but the scenery is breathtaking and you will soon forget the pain... We propose an original route known to us like the back of our hands. We ride in the opposite direction to other tours, giving us the benefit of rideable ascents and fantastic descents free from crowds and close to nature you will be awed by this legendary location.



Seven valleys, 71 glaciers, 400 summits, the Mont Blanc range is inspiring.

LEVEL	Strong Intermediate to Advanced, 'All-round rider'. High fitness level and capable of pushing/carrying bike. Good bike handling skills. Ability to ride technical singletracks
TERRAIN	All kinds of trails. Cruising two path trails, easy singletracks, technical and challenging singletracks.
LOCATION	Starting in Chamonix, France and finishing in Chamonix, France
INCLUDED	ALPSMOUNTAINBIKE 'Tour Pack' including: ALPSMOUNTAINBIKE cycling shirt, PUNCH POWER organic energy drinks and bars and a trial of COMPEX electro stimulation and recovery equipment. 7 nights accommodation, all meals including picnic lunches from dinner on Saturday of arrival to breakfast on Saturday of departure, guiding for 6 days, lift passes in Chamonix Valley, luggage transfer to evening accommodation, return transfer to Geneva airport
NOT INCLUDED	Flights/Travel etc. Expenses of repair and maintenance of bikes, cancellation/medical insurances and repatriation costs, bike hire, lift passes outside Chamonix Valley, alcohol and generally all that is not included/understood in the heading 'Included'.
PHYSICAL AND TECHNICAL LEVEL	Physical Fitness: 4/5 Technical Skills: 2-4/5

Tour of Mont Blanc dates 2010	
Dates	Price
From June 19 th to 26 th	850Euros
From June 24 th to July 3 rd	850 Euros
From July 10 th to 17 st	850 Euros
From July 31 th to August 7 th	850 Euros
From August 28 th to September 4 th	850 Euros
From September 4 th to 11 th	850 Euros
From September 11 th to 18 th	850 Euros



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✓ **TransAlps Chamonix to Nice:** Imagine the 'Ultimate' Mountain Biking holiday...

Traversing the French Alps, starting from the highest peak in Europe, **Mont Blanc (4810m)**, and arriving at the **Mediterranean Sea**;
650km ride, 20,000 metres of climb and more than **15 alpine cols**... Breathtaking scenery, fantastic singletracks, beautiful quaint remote villages, great food, a brilliant ambiance and a swim in the sea!

What else do you need for a biking holiday?

We invite you to join us on this amazing and challenging **TransAlps Tour in two stages of 6 days** with the final reward... a "plouf" in the big blue at Nice...

Do you want adventure, **great Mountain Biking**, amazing singletracks and uncrowded places?

During this **first stage**, we will start from **Chamonix** and ride through the **Beaufortain, Tarentaise, Maurienne and Cerces areas**, which are relatively unknown Mountain Biking areas and continue on to the **historic fortified town of Briançon**. This itinerary offers fantastic scenery and great riding giving just a taste of the next stage of the 'TransAlps Tour'.

First stage: 240km
Second stage: 310km

From the fortified town of **Briançon to the Mediterranean Sea**, we will ride a wide variety of trails and the scenery will change daily. The route comprises a mix of jeep tracks through to technical singletracks. It crosses remote valleys and **quaint old Provençal villages**. This week will ensure you have your dose of Mountain Biking with the final highlight... a **swim in the Mediterranean Sea!**



Do you want adventure, great Mountain Biking, amazing singletracks and uncrowded places?

LEVEL	Strong Intermediate to Advanced, 'All-round rider'. High fitness level and capable of pushing/carrying bike. Good bike handling skills. Ability to ride technical singletracks
TERRAIN	All kinds of trails. Cruising two path trails, easy singletracks, technical and challenging singletracks.
LOCATION	Starting in Chamonix, France and finishing in Briançon, or Nice if you ride the whole trip
INCLUDED	ALPSMOUNTAINBIKE 'Tour Pack' including: ALPSMOUNTAINBIKE cycling shirt, PUNCH POWER organic energy drinks and bars and a trial of COMPEX electro stimulation and recovery equipment. 7 nights accommodation, all meals including picnic lunches from dinner on Saturday of arrival to breakfast on Saturday of departure, guiding for 6 days, lift passes in Chamonix Valley, luggage transfer to evening accommodation, return transfer to Geneva airport
NOT INCLUDED	Flights/Travel etc. Expenses of repair and maintenance of bikes, cancellation/medical insurances and repatriation costs, bike hire, lift passes outside Chamonix Valley, alcohol and generally all that is not included/understood in the heading 'Included'.
PHYSICAL AND TECHNICAL LEVEL	Physical Fitness: 4/5 Technical Skills: 2-4/5

TransAlps Chamonix to Nice dates 2010	
Dates	Price
Stage 1 - from July 17th - 24th	980 Euros
Stage1 - from August 21st to August 28th	980 Euros
Stage1 - from September 11th to September 18th	980 Euros
Stage 2 - from June 5th - 12th	980 Euros
Stage 2 - from June 12th - 19th	980 Euros
Stage 2 - from July 24th - 31st	980 Euros
Complete TransAlps Tour: From July 11th to 24th	1900 Euros
Complete TransAlps Tour: From September 11th - 25th	1900 Euros



✓ **Enduro Mountain Bike Safari: 100 % Pure Mountain Bike Juice! List assisted trip!**

The **Mountain Bike Safari** is a complete week of 'alpine adventure' on two wheels.

We run the **Mountain bike Safari** since 8 years and it's still our '**best seller tour**' for those who want to discover the **Mont Blanc and Chamonix** area in **Enduro style** and to perfect their technical skills.

The perfect mix of epic mountain biking trails, breathtaking scenery and authentic alpine exploration.

After the days riding you will return to a pretty alpine chalet **Skiology Chalet Deux Freres** in the mountain village of **Les Carroz in the Grand Massif** and taste the delights of **savoyard cuisine**, relax on a sunny balcony with **a beer surrounded by mountains** and countryside with the relaxing sound of a mountain stream to lull you to sleep, adding to **the idyllic village location**.

You will experience endless rides from high altitude cols to the valley floor...

And ride the wonders to be had in Morzine, Les Gets, Portes du Soleil, Grand Massif, the Chamonix valley, Megeve and La Clusaz!



Experience Alpine Enduro Mountain Biking!

LEVEL	Strong Intermediate to Advanced, 'All-round rider'. High fitness level and capable of pushing/carrying bike. Good bike handling skills. Ability to ride technical singletracks
TERRAIN	All kinds of trails. Cruising two path trails, easy singletracks, technical and challenging singletracks.
LOCATION	Morzine, Les Gets, Portes du Soleil, Grand Massif, Chamonix and La Clusaz
INCLUDED	ALPSMOUNTAINBIKE 'Tour Pack' including: ALPSMOUNTAINBIKE cycling shirt, PUNCH POWER organic energy drinks and bars and a trial of COMPEX electro stimulation and recovery equipment. 7 nights accommodation in Chalet Deux Freres les Carroz all meals including picnic lunches from dinner on Saturday of arrival to breakfast on Saturday of departure, guiding for 6 days, All lift passes luggage transfer to evening accommodation, return transfer to Geneva airport
NOT INCLUDED	Flights/Travel etc. Expenses of repair and maintenance of bikes, cancellation/medical insurances and repatriation costs, bike hire, lift passes outside Chamonix Valley, alcohol and generally all that is not included/understood in the heading 'Included'.
PHYSICAL AND TECHNICAL LEVEL	Physical Fitness: 4/5 Technical Skills: 2-4/5

Mountain Bike Safari dates 2010	
Dates	Price
From June 19th - 26th *Half lift assistance, 'high fitness level' only!	699 Euros
From June 26th - July 3rd	749 Euros
From July 3rd - 10th	749 Euros
From July 10th - 17th	749 Euros
From July 17th - 24th	749 Euros
From July 24th - 31st	749 Euros
From July 31st - August 7th	749 Euros
From August 7th - 14th	749 Euros
From August 14th - 21st	749 Euros
From August 21st - 28th	749 Euros
From August 28th – September 4th *Half lift assistance, 'high fitness level' only!	699 Euros



TransAlps Carroz to Chamonix : A 'dream week' of mountain biking exploration!

The **TransAlps Les Carroz to Chamonix** is a week of what mountain bikers dream about...

A complete week of '**alpine adventure**' on two wheels. The perfect mix of **epic mountain biking** trails, **brehtaking scenery** and **authentic alpine exploration**.

After the days riding you will return to a pretty alpine **chalet Skiology Chalet Deux Freres** in the mountain village of **Les Carroz in the Grand Massif** and taste the delights of savoyard cuisine, relax on a sunny balcony with a beer surrounded by mountains and countryside with the relaxing sound of a mountain stream to lull you to sleep, adding to the idyllic village location. **You will also experience a night in a remote lakeside mountain refuge.**

You will have endless rides from high altitude cols to the valley floor, and not only will you ride between **Les Carroz and Chamonix** you will also ride the wonders to be had in **Morzine, Les Gets, Portes du Soleil, Grand Massif, the Chamonix valley and Megeve!**



What else could you dream about?

LEVEL	Strong Intermediate to Advanced, 'All-round rider'. High fitness level and capable of pushing/carrying bike. Good bike handling skills. Ability to ride technical singletracks
TERRAIN	All kinds of trails. Cruising two path trails, easy singletracks, technical and challenging singletracks.
LOCATION	Morzine, Les Gets, Portes du Soleil, Grand Massif, Chamonix and La Clusaz
INCLUDED	ALPSMOUNTAINBIKE 'Tour Pack' including: ALPSMOUNTAINBIKE cycling shirt, PUNCH POWER organic energy drinks and bars and a trial of COMPEX electro stimulation and recovery equipment. 5 nights accommodation in Chalet Deux Freres les Carroz 1 night in remote Mountain Refuge, Lac de Gers 1 night in Chalet/Bunk house, Chamonix all meals including picnic lunches from dinner on Saturday of arrival to breakfast on Saturday of departure, guiding for 6 days, All lift passes luggage transfer to evening accommodation except in Gers Mountain Refuge return transfer to Geneva airport
NOT INCLUDED	Flights/Travel etc. Expenses of repair and maintenance of bikes, cancellation/medical insurances and repatriation costs, bike hire, lift passes outside Chamonix Valley, alcohol and generally all that is not included/understood in the heading 'Included'.
PHYSICAL AND TECHNICAL LEVEL	Physical Fitness: 4/5 Technical Skills: 2-4/5

TransAlps Carroz to Chamonix dates 2010	
Dates	Price
From July 10th - 17th	895 Euros
From July 31st - August 7th	895Euros
From August 14th - 21st	895 Euros
From August 28th – September 4th *Half lift assistance, 'high fitness level' only!	855 Euros



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✓ Mini Enduro Mountain Bike Safari: The essential week end. (3 days / 2 nights)

The **Mini Mountain Bike Safari** is a shorter version of the **Mountain Bike Safari**.

Do you have a short amount of time? You want to **ride the essentials of the Alps**? We've got what you need...

You will ride **Morzine in the Portes du Soleil, Chamonix and the Grand Massif, the best of the best!**

A short stay need not mean less mountain biking, you will get your dose of singletracks, long climbs, epic downhill and breathtaking landscapes... **Short but sweet!**

The **Mini Mountain Bike Safari** is **lift assisted** on all 3 days, so you do not need to be super fit! Just used to a moderately high level of exercise and familiar with mountain biking!

After the days riding you will return to a pretty alpine **chalet Skiology Chalet Deux Freres** in the mountain village of **Les Carroz in the Grand Massif** and taste the delights of savoyard cuisine, relax on a sunny balcony **with a beer surrounded by mountains** and countryside with the relaxing sound of a mountain stream to lull you to sleep, adding to the idyllic village location.



The best off!

LEVEL	Strong Intermediate to Advanced, 'All-round rider'. High fitness level and capable of pushing/carrying bike. Good bike handling skills. Ability to ride technical singletracks
TERRAIN	All kinds of trails. Cruising two path trails, easy singletracks, technical and challenging singletracks.
LOCATION	Morzine, Grand Massif, Chamonix
INCLUDED	ALPSMOUNTAINBIKE cycling shirt, 2 nights accommodation in Chalet Deux Freres les Carroz all meals including picnic lunches from dinner on Saturday of arrival to breakfast on Saturday of departure, guiding for 3 days, All lift passes luggage transfer to evening accommodation when needed return transfer to Geneva airport
NOT INCLUDED	Flights/Travel etc. Expenses of repair and maintenance of bikes, cancellation/medical insurances and repatriation costs, bike hire, lift passes outside Chamonix Valley, alcohol and generally all that is not included/understood in the heading 'Included'.
PHYSICAL AND TECHNICAL LEVEL	Physical Fitness: 4/5 Technical Skills: 2-4/5

Mini Mountain Bike Safari dates 2010	
Dates	Price
From July 9th - 11th	390 Euros
From July 16th - 18th	390 Euros
From July 30th - August 1st	390 Euros
From August 6th - 8th	390 Euros
From August 13th -15th	390 Euros
This tour can be arranged mid week on request for a minimum of 4 guests	On request



✓ **Mini TransAlps Carroz to Chamonix: The essential long week end. (4 days / 3 nights)**

The Mini Transalps - Les Carroz to Chamonix is a shorter version of the Transalps - Les Carroz to Chamonix over a 'long weekend'.

Starting directly from **Les Carroz**... no warm up, directly to essential biking!

A short stay need not mean less mountain biking, you will get your dose of **singletracks, long climbs, epic downhill and breathtaking landscapes**...

Short but sweet!

The night in the **quaint remote lakeside mountain refuge of Lac de Gers** and the climb of **Col d'Anterne** are just two of the highlights and experiences of this short trip .

Due to the swift start and reduced stay, you will not have time to get used to alpine riding. So ideally you need at least a **good level of fitness** and not scared of a big climb, with good technical skills and be able to carry/push your bike!



The Alpine XC Experience!

LEVEL	Strong Intermediate to Advanced, 'All-round rider'. High fitness level and capable of pushing/carrying bike. Good bike handling skills. Ability to ride technical singletracks
TERRAIN	All kinds of trails. Cruising two path trails, easy singletracks, technical and challenging singletracks.
LOCATION	Morzine, Grand Massif, Chamonix
INCLUDED	ALPSMOUNTAINBIKE cycling shirt, 1 night in Skiology Chalet Deux Freres, Les Carroz 1 night in remote Mountain Refuge, Lac de Gers 1 night in Chalet/Bunk house, Chamonix all meals including picnic lunches from dinner on Saturday of arrival to breakfast on Saturday of departure, guiding for 3 days, All lift passes luggage transfer to evening accommodation except in Gers Mountain refuge return transfer to Geneva airport
NOT INCLUDED	Flights/Travel etc. Expenses of repair and maintenance of bikes, cancellation/medical insurances and repatriation costs, bike hire, lift passes outside Chamonix Valley, alcohol and generally all that is not included/understood in the heading 'Included'.
PHYSICAL AND TECHNICAL LEVEL	Physical Fitness: 4/5 Technical Skills: 2-4/5

Mini TransAlps Carroz to Chamonix dates 2010	
Dates	Price
From July 15th - 18th	450 Euros
From August 19th - 22nd	450Euros
From August 26th - 29th *Half lift assistance, 'high fitness level' only!	399 Euros
From September 2nd - 5th *Half lift assistance, 'high fitness level' only!	399 Euros



SERAC ASSOCIATION DE TOURISME DES PROFESSIONNELS DE LA MONTAGNE



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REGISTRATION FORM/DEPOSIT RECEIPT 1 FORM PER PERSON, GIVING THE NAME OF THE PERSON ACCOMPANYING YOU)SALES CONTRACT for a TOURIST PACKAGE : If some of the sections below relating to the characteristics of the trip are not filled in, the parties intend to refer to the preliminary trip offer issued by the organiser mentioned below, in accordance with the sales conditions shown on the back of this document.

TRAVEL			
TITLE OF TRIP :		ACCORDING TO THE ORGANISER'S PROGRAMME REF. :	
		SERAC	
FROM :	TO :	CITY OF DEPARTURE	CHAMONIX
YOU			
FAMILY NAME :		FIRST NAME :	
ADDRESS :			
POSTCODE :		TOWN :	
DATE AND PLACE OF BIRTH :		OCCUPATION :	
PASSPORT <input type="checkbox"/>		NATIONAL IDENTITY CARD <input type="checkbox"/>	
No.	Issue date	Issued by	Expiry date
NAMES of the other people registered on this form			
NAME 1 :		NAME 3 :	
NAME 2 :		NAME 4 :	
CONTACTS			
HOME TEL :		DURING YOUR TRIP	
WORK TEL :		1 WEEK BEFORE DEPARTURE	
FAX :		Friends or family to contact in an emergency	
MOBILE TEL :		If different from home	
EMAIL :		Name :	
		ADDRESS :	
		RELATIONSHIP :	
		TEL :	
PRICE Estimated on the date of registration			
UNIT PRICE	€	x number	= €
INSURANCES	accepted or refused by passenger		PAYMENT : 30% on registration, balance 30 days before departure or total amount if less than 30 days, payable to SERAC
YES	NO	Signature for compulsory insurance	CREDIT CARD <input type="checkbox"/> BANK TRANSFER <input type="checkbox"/>
YES	NO		CREDIT CARD : please give your credit card number and type (Visa or Mastercard...) and the last three figures shown on the back of the credit card. You authorise us to debit the balance of the trip automatically, including any additional services requested and any supplements within 30 days of departure
YES	NO		
Cancellation + Repatriation + Interruption in stay 3%		Other services	Card no. / / / expiry date / /
Repatriation 1%		Financial charges for payment by bank card	Type of card : cryptogram :
Cancellation 2.5%		(French bank card 0.55% / Foreign bank card 0.90%)	30% deposit € paid today
		TOTAL	balance € to be paid before
IF YOU REFUSE OUR INSURANCE, PLEASE GIVE US DETAILS OF YOUR INSURANCE			
Name	Contract number	(copy attached) 24 HOUR ASSISTANCE TEL NO	
SPECIAL CONDITIONS			
TRANSPORT / VISIT / EXCURSION / ACCOMMODATION / FOOD : included / not included according to the programme provided by the organiser.			
POLICE AND HEALTH FORMALITIES: Characteristics, means, categories as shown in the programme supplied by the organiser. It is the participant's responsibility to check the validity of all the necessary documents and vaccinations with the competent authorities (Consulate, Embassy,...)			
LOCAL REPRESENTATIVE: The representative's name will be included in the travel documents that you will receive once you have registered.			
NUMBER OF PASSENGERS : This trip requires a minimum of people. You will be informed 21 days at the latest before departure if the trip has to be cancelled. You will be offered an alternative trip wherever possible.			
PRICE REVISION 30 days at the latest before departure Currency : Reference rate :			
Re-assessable portion : % Land and Air services, depending on the number of participants, as set out in the organiser's programme.			
ADDITIONAL SERVICES REQUESTED			
On your part - reservation requests :			
On the organiser's part - Reservations accepted and ordered			

I, the undersigned (Name and First name)..... certify that I have read the special travel sales conditions overleaf, have received the trip description and accept them both. I am also aware that, during the trip, I may run certain risks due in particular to the isolation and distance from any medical centre, and I certify that I am up to the required level, I am in good health and I have handed over the requested medical certificates.

"Read and Approved" written by hand - date and signature :
 (For minors, legal representative's signature)

This booking request has been presented to the supplier but has not yet been confirmed by him. This form will become null and void if the supplier does not confirm the booking within 2 weeks of receiving it. In that case the deposit will be returned immediately.

SERAC ASSOCIATION DE TOURISME DES PROFESSIONNELS DE LA MONTAGNE

BANK DETAILS			
National bank account identification – RIB		IBAN (International Bank Account Number)	
Bank Branch	Account no.	Key	FR76 1009 6180 2300 0271 1230 180
10096 18023	00027112301	80	BIC (Bank Identifier Code) CMCIFRPP

SPECIAL CONDITIONS OF SALE

with reference to the Act of 13 July 1992 (decrees published in the J. O. of 17 June 1994) governing relations between travel agencies and their clients.

REGISTRATION: Registration for one of our trips implies acceptance of our sales conditions. All registrations must be filled in and signed by the participant in duplicate and accompanied by a deposit of 30 %. Receipt of this deposit does not imply reservation, as this is dependent on the number of places available. If your registration is accepted, we will send you an invoice as confirmation. The balance must be paid 30 days before the departure date. If you register less than 30 days before the departure date, you must pay the total cost of the trip with your booking request. We do not acknowledge receipt of final payments. Registrations made less than 2 weeks before departure must be paid for by bank card only. Insurance must be taken out on signature of the contract and paid for at the time.

PRICE: The Participant acknowledges that he has read the information relating to the trips that he has chosen in our brochure and trip descriptions, which were sent to him prior to the sending of the invoice. In our trip descriptions we mention what is included in the price and what is not. In general, airport taxes, vaccination and visa costs, drinks, visits to places of interest and personal equipment are never included in the price unless stated otherwise in writing. Any changes to exchange rates, carriers or other service providers may lead to an alteration to published prices. Prices are established at 1/10/07 based on exchange rates, prices of flights and on-land services known at the time and are subject to alteration up to 30 days before departure. Any delay in the payment of the balance may be considered to be a cancellation, for which the current cancellation fee will be applied.

INFORMATION AFTER REGISTRATION : 10 days before departure at the latest, we will send you your travel documents, which contain all the information you need for your trip (exact meeting times and locations, how to reach the meeting-point, contact details of the local representative, car-sharing options, etc.).

LIABILITY: Administrative and health formalities: SERAC will issue this information for French citizens. Foreign nationals should contact the competent embassies or consulates for information. Each participant is responsible for checking that his documents comply with the information provided by SERAC. In accordance with article 23 of Act no. 92.645 of 13 July 1992, SERAC may not be held liable for the consequences of the following events:

- . Loss or theft of air tickets (airlines do not issue a duplicate)
- . Failure to present identity or health documents or presentation of documents that have expired or do not have a sufficiently long validity period (identity card, passport, visas, vaccination certificate ...) or that do not comply with the instructions shown on the registration form or trip description, at the the police, customs or check-in desk. In the event of a failure to check in, 100% of the cost of the trip will be retained.
- . Unforeseeable and insurmountable incidents or events caused by a foreign third party during the trip, such as: war, political disorder, strikes and technical incidents beyond SERAC's control,
- . Overcrowded air space, bad weather, delays, breakdowns, loss or theft of luggage and other effects. By virtue of the transport contract conditions of airlines governed by the Warsaw convention, we strongly recommend that you build in a sufficient amount for any connecting flight to the departure airport. The special prices that we have negotiated mean that we cannot change the tickets, and these will in no circumstances be reimbursed in the event of a delay by the airline or a change to the take-off time or a postponement that cancels your trip. The carrier undertakes to do his best to transport passengers and luggage with reasonable care. The times indicated are not guaranteed on the contract. The carrier may, without notice, replace other carriers, user other aircraft, or change or cancel any planned stopovers wherever necessary.

The only services considered to be contractual are those mentioned in the trip descriptions sent out at the time of registration. If we find it impossible to provide part of the services promised, we will do our utmost to replace them with equivalent services.

DISTINCTIVE FEATURES OF OUR HOLIDAYS AND TRIPS.

All participants must follow the advice and instructions given by their group leader; we may not be held liable for any incidents, accidents or physical injury that may be the outcome of an imprudent personal initiative. During the trip, the group leader will be the only person to decide whether to change the programme. Considering the sporting nature of our holidays and trips, we may be forced by unforeseen events or compelling circumstances affecting the safety of travellers to replace one means of transport with another, one hotel with another, take a different route or cancel certain excursions. The participant may not refuse without valid reasons. However, if the services accepted are of lower quality, SERAC will reimburse the difference in price on return. If we are unable to provide a replacement service or if the service is refused for valid reasons, we will organise the participant's return at no extra cost.

CANCELLATION - MODIFICATIONS

On your part :

If you have to cancel before departure, you must inform us by registered letter with proof of receipt. The date on the proof of receipt will act as the cancellation date for the invoicing of cancellation fees . If you drop out more than 45 days before your departure, you will be reimbursed the amount that you have paid, less a deduction of fifty euros (50 €) per person, plus the actual expenses incurred for air or sea transport and land-based services. If you have to cancel less than 45 days from departure, the following deductions will be made:

- 45 to 21 days: 25 % of the total amount of the trip
- 20 to 8 days: 50 % of the total amount of the trip
- 7 to 2 days: 75 % of the total amount of the trip
- less than 2 days: 90 % of the total amount of the trip

For all air tickets purchased in advance, at the request of the participant or due to the policy of airlines for certain types of tariffs, a cancellation fee of 100% of the price of the ticket will be invoiced, whatever the date of cancellation. Please note that cancellation insurance does not cover cancellation fees prior to 45 days before departure.

The cost of the assurance and the annual subscription cannot be reimbursed. No reimbursement will be offered if you have to cut your trip short for any reason, or if the group leader decides to exclude you from the trip because you are not up to the required level or if you fail to follow safety instructions. If you find it impossible to come on the trip, you may suggest another person on the condition that he fulfils the same conditions and that we have not already made bookings in your name, for which payment will remain due. You must inform us by registered letter with proof of receipt between 7 and 15 days before departure.

On our part :

If we have to cancel a departure for reasons beyond our control, or due to lack of participants, we will offer you a range of alternative solutions at the price in force, or we will reimburse you in full. You will be informed 21 days at the latest before departure. No compensation will be paid.

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INSURANCE

We cannot replace individual public liability insurance. You must have public liability insurance in order to take part in our trips. Similarly, we strongly recommend that you take out insurance to cover the cost of cancellation, loss or theft of luggage and early departure from the trip. It is compulsory to be covered for repatriation assistance and emergency rescue. Each participant has the option to take out a GENERALI insurance contract with SERAC that offers three options: . We will send you an extract of the general guarantee conditions before you register.

Insurance rates:

Cancellation + Repatriation/Rescue + early departure from the trip : 3% of the cost of the trip

Cancellation only : 2.50 % of the cost of the trip

Repatriation only : 1 % of the cost of the trip

It will not be possible to change this insurance once it has been taken out. If you do not wish to subscribe to our repatriation/rescue insurance, we will ask you to send us the contact details of your own insurer and the guarantees offered in his contract.

DISPUTES

Any complaints relating to the trip should be sent by registered letter with proof of receipt within one month of the return date.

SUMMARY OF INSURANCE COVER

GENERALI CANCELLATION 2,5 % of the cost of the trip (Only for individuals residing in mainland France / Monaco / Andorra / Belgium / Germany / Switzerland/ Italy / Spain / Luxembourg and England (excluding Wales, Scotland and Ireland)

Summary of guarantees :

SERIOUS ILLNESS – SERIOUS ACCIDENT or DEATH of yourself, your spouse or partner. Of your ascendants or descendants and / or those of your spouse, of your brothers, sisters, brothers-in-law, sisters-in-law, sons-in-law or daughters-in-law.

Serious illness – accident or death of your work replacement, subject to his name being mentioned when you registered for the trip REDUNDANCY of yourself or your spouse, subject to the decision not being known when you booked your trip.

DESTRUCTION OF YOUR WORKING AND / OR PRIVATE PREMISES by more than 50% as a result of fire, explosion or flood damage.

A JOB OR TRAINING COURSE organised by your employment office on the condition that it begins before or during the trip.

INCLUDED IN THE CANCELLATION INSURANCE: luggage insurance: maximum 762.25 €

What we do not cover:

CANCELLATION caused by a person who is in hospital at the moment when you book the trip.

MENTAL ILLNESS including nervous depression not requiring a minimum of 5 days' hospitalisation at the time of the cancellation.

COUNTER INDICATION or FORGETTING A VACCINATION

ACCIDENTS as a result of practising one of the following sports: bobsleigh, **climbing**, skeleton, **mountain climbing**, competition luge, **all air sports** and those resulting from **participation in or training for matches or competitions**.

FAILURE TO PRESENT documents essential to the trip such as a passport, visa, travel ticket or vaccination book.

ILLNESSES or ACCIDENTS that were first observed or were the subject of a relapse, aggravation or hospitalisation between the date on which you purchased your trip and the date on which you took out this contract.

Plus exclusions on the grounds of 'force majeure'

- **Civil or foreign war, riot or popular uprising**
- **Voluntary participation of an insured person in riots or strikes**
- **Disintegration of an atomic nucleus or any irradiation originating from an energy source of a radioactive nature**
- **Alcoholism, drunkenness, the use of medicines, drugs or narcotics that are not medically prescribed**
- **Any intentional act that could involve the contract guarantee.**

THE AMOUNTS HELD WILL BE REIMBURSED WITHOUT EXCESS BY OUR CANCELLATION INSURANCE.

**ASSISTANCE : EUROP ASSISTANCE 1% of the cost of the trip
maximum duration of trip: 90 days**

Guarantees:

SICKNESS / ACCIDENTS ASSISTANCE in the event of illness or injury

- | | |
|--|--------------|
| • The cost of sea or mountain search and rescue | 3 812 € max. |
| • Ambulance transport | actual cost |
| • Return of members of your family accompanying you (max. 2) or presence at the hospital: | (1) |
| • Accompaniment of children | (2) return |
| • Supplementary reimbursement of medical expenses & advance on hospital fees
(USA / JAPON / CANADA / HONG KONG et SINGAPOUR | 30 490 € |
| excess 131 € – dental treatment limited to 153 € | 76 225 € |

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DEATH ASSISTANCE

• Transport in the event of death	actual costs
• Coffin expenses limited to	2 287 €
• Early return in the event of serious hospitalisation Or death of a member of your family	(2).
• Return of members of your family accompanying the deceased	(2).

TRAVEL ASSISTANCE

• Advance on bail abroad	15 245 €
• Advance on lawyers' fees abroad	3 049 €
• Early return in the event of damage to your home	(2).
• Replacement driver	
• Sending urgent messages	
• Advance of funds in the event of the theft, loss or destruction of papers or your means of payment	2 287€

- (1) Return ticket and hotel expenses of 77 € a night for a maximum of 10 nights.
- (2) 1st class train ticket or economy air ticket

ASSISTANCE + CANCELLATION 3 % of the cost of the trip

- **GENERALI CANCELLATION INSURANCE guarantees + EUROP ASSISTANCE REPATRIATION INSURANCE guarantees +**
- **EARLY DEPARTURE FROM THE TRIP.** Based on a pro rata calculation of the services not used. N.B. the "early departure from the trip" guarantee is inseparable from the cancellation and assistance guarantees. For the early departure to be taken into consideration, the participant must have been repatriated by Europ Assistance or there must have been a death or hospitalisation in the family (transport, ski package and equipment hire not included)

